

About Julie Janorschke

Julie Janorschke is a trained ADHD Coach with a Bachelor's Degree in Social Work and a Master's Degree in Adult Education. Prior to launching her business, Move Forward With ADHD, Julie was a Professional Organizer. As she worked with clients to organize their homes and lives, she found that many of them struggled with ADHD issues such as planning, focus and motivation. Additionally, Julie was seeking help for one of her son's ADHD challenges. She found minimal support options in the surrounding area. Therefore, Julie transitioned her organizing business to specialize in providing strategies, solutions and support to individuals and families with attention issues.

Julie resides in The Woodlands, Texas. She and her husband have raised four sons, two of whom have ADHD. In her free time, Julie loves to read, hike and kayak. As a life long learner, she continues her coaching education and is currently enrolled in a program through Mentor Coach, LLC.